

APPENDICES FULL COUNCIL 16.03.2026

APPENDICES

7

RESOLUTION UPDATES

Action point	Council or Committee	Meeting date	Date required	Allocated to:	Notes
Letter of support for East Bank track project	Full Council	17.11.2025	ASAP	Clerk	Sent to MCA
Put EMR letter on Facebook page	Full Council	17.11.2025	18.11.2025	Mike	Letter written - needs posting
Letter to EMR regarding MTC and residents concerns	Full Council	17.11.2025	01.12.2025	Clerk	Sent to Laura Etheridge
Publish Flag flying policy to website	Full Council	17.11.2025	24.11.2025	Clerk	Completed 18.11.2025
Add 28 day letter to allotment policy	Full Council	17.11.2025	24.11.2025	Clerk	Completed 18.11.2025
Add 'weed killer' ban to allotment tenancy agreement	Full Council	17.11.2025	24.11.2025	Clerk	Completed 18.11.2025
Cllr Lowthrop to create a poster & sign up for workshops	Full Council	17.11.2025	21.11.2025	Cllr Lowthrop	Completed 21.11.2025
Send FOI to Charity Commission should 3rd attempt at constitution fail	Full Council	19.01.2026	tbc	Clerk	No need as now accepted
Meet with Blend re: indoor spaces & report back to FC	Full Council	19.01.2026	tbc	Clerk	Space has been donated by Church in the Peak
Publish final schedule for 2026-2027 with planning and corporate on the same evening	Full Council	19.01.2026	30.04.2026	Clerk	Completed 03.03.2026
Bring tracker to each relevant meeting	Full Council	19.01.2026	02.02.2026	Clerk	Complete
Raise Precept by 3%	Full Council	19.01.2026	23.01.2026	RFO	Completed paperwork 20.01.2026
Write to DDDC in response to Victorian Market licence application with Cllr Hughes letter and asking for Victorian costumes to be reinstated	Full Council	19.01.2026	23.01.2026	Clerk	Completed 29.01.2026
Repost the link to the EMCA survey	Full Council	19.01.2026	31.01.2026	Clerk	Completed 29.01.2026



MATLOCK CIVIC ASSOCIATION

Charity No. 1161566 Website: matlockcivicassociation.org.uk

Secretary: Ken Parker, 5 Wishingstone Way, Matlock, DE4 5LU

The Adoption of the David Barker Bequest Charity by Matlock Town Council

1. **Summary and Recommendation.** At its meeting on 19 January 2026 the Town Council agreed the next steps to try to secure Charity Commission approval for the creation of the new David Barker Bequest Charity (abbreviated to DBB Charity). The outcome of this further work undertaken by the Association in collaboration with the Town Clerk is explained below. The new application was submitted to the Commission on 12 February 2026 and approved by the Commission on 27 February. **The Commission now require the Town Council to confirm its agreement to the Constitution of the new DBB Charity as set out in Document MCA1627. It can then be formally registered.**
2. **Making a new Application.** The outcome of an application submitted to the Commission in June 2025 was reported to the Town Council on 19 January 2026. The Commission require the application to be based on the standard template for a Foundation CIO (Charitable Incorporated Organisation). However the standard template is not worded for a Local Authority to act as the Corporate Trustee and the Sole Trustee (as ins intended for the DBB Charity). The Commission advise adapting the dstandard template but this is not straightforward. Action has been taken to check (through Derbyshire Association of Local Councils) if there are existing Charities managed by a Local Authority using the Foundation CIO template which could be a model for us to use. This was unsuccessful. However we did find a new source of advice from someone with long experience of setting up and managing Charities and negotiating with the Charity Commission. Based on this advice a further submission was made to the Commission on 12 February 2026 (Document MCA1627). A covering email to the Commission explained

This February 2026 submission (MCA1627) started from the Template for a Foundation CIO and leaves everything as in the template except

- *Deletions which are shown by strikethrough of the wording that does not apply.*
- *Adding in red the answers or additional wording appropriate to our circumstances.*

Compared to our earlier proposal this third submission has the following key features...

1. *Reducing changes to the standard CC template for a Foundation CIO. If in doubt we have left it in.*

2. *We have named Matlock Town Council as the Corporate Trustee but we have deleted text related to how the Council will exercise that role (which you advise is a matter for the Council which the Commission does not need to approve).*
 3. *The Town Council is named as the first Trustee and the Corporate Trustee in Clause 9(4). Initially the Town Council will be the sole Trustee (a role you have previously accepted). But we think it would be prudent to allow for additional Trustees to be appointed in due course. So the standard clause allowing for up to 12 additional Trustees (Section 9(3) Option 1a) has been retained.*
 4. *We would expect the majority of DBB funds to be used for civic improvement and heritage projects. David Barker (whose Bequest will provide the funds for the DBB Charity) was always keen on these and he played a crucial role in several of the Civic Association's earlier projects. The two current MCA Charitable Objects (which were worded by the Commission back in 2015) are not very clear in relation to this type of activity so it is suggested we should add a third Charitable Object at Clause 3 in MCA1627 ... 'To design and implement civic improvement and heritage conservation projects'. This will help future generations of Trustees to understand how the funds should be used.*
3. **Approval by the Charity Commission.** The Commission responded to this further submission on 27 February 2026
- Thank you for your email and attached CIO Constitution. The constitution is in a suitable format for registration.*
- So that we can complete the process, please can you confirm that Matlock Town Council as corporate trustee has approved the revised constitution?*
4. **Registering the New Charity.** The Town Council Meeting on 16 March 2026 will therefore be asked to confirm its approval. Once the Commission has registered the new DBB Charity it will be given a Charity Reference Number. The Constitution (ie the Governing Document) will then be finalised based on MCA1627. The explanatory text will be removed (eg Pages 1-9). The date of Registration will be added at the start of the Constitution (currently page 10 of MCA1627). The red text will be incorporated in the same style as the rest of the document and the strikethrough text will be removed. This is with the intention of making the Governing Document as user-friendly as possible.
 5. **After Registration.** Once the new DBB Charity is registered the Town Council will need to set up its working arrangements. These do not need to be approved by the Commission. This will need to include banking arrangements. MCA would then like to agree with the Council how any transfer of funds can be organised and which projects MCA should pursue in partnership with the Town Council.

9

MOKSHA WELLBEING HUB

Case for Support: Moksha Well-being Community Hub, Matlock

<https://www.crowdfunder.co.uk/p/community-hub-in-matlock>



HOLISTIC THERAPIES CIC

WWW.MOKSHAHOLISTICTHERAPIES.COM



1. About Moksha Holistic Therapies CIC

Moksha Holistic Therapies CIC is a not-for-profit Community Interest Company delivering trauma-informed, recovery-aware wellbeing and community support. We work with people from all walks of life, including individuals affected by:

- Trauma, abuse and adverse life experiences
- Addiction and recovery
- Mental ill health, anxiety and chronic stress
- Loneliness, isolation and social exclusion
- Financial hardship or major life transitions

We also support individuals who are not in crisis but are seeking connection, preventative wellbeing support and a sense of community.

Our work is grounded in:

- Prevention and early intervention
- Inclusion and accessibility
- Reducing barriers to support
- Building community resilience

Moksha is not a private or commercial venture. It is being developed intentionally as a community asset, shaped by local need, local voices and partnership working.

2. Background, Ethos and Local Trust

Moksha has been operating in Matlock for several years as a well-regarded wellbeing practice since 2011. In June 2025, the organisation began formalising as a Community Interest Company (CIC) to ensure transparency, accountability and long-term community benefit. The legal structure is currently being finalised as two additional directors are added to the board.

Our ethos is rooted in:

- Compassion and inclusion
- Accessibility and affordability
- Non-judgemental, trauma-informed support
- Community connection and empowerment
- Respect for lived experience

Rather than positioning wellbeing as something exclusive or luxury-based, Moksha has consistently worked to make supportive practices human, approachable and community-focused.

This is evidenced through:

- Strong, long-standing relationships with local residents
- Repeat engagement from individuals seeking support during difficult periods
- Consistently excellent feedback, including 5-star Google reviews, highlighting trust, care, professionalism and positive impact

The Community Hub is a natural evolution of this work, moving from individual support into a shared, preventative and inclusive community resource.

3. Current Funded Community Projects

Moksha Holistic Therapies CIC is already delivering established, externally funded programmes, demonstrating both local need and our ability to deliver safely and effectively.

National Lottery Community Fund – “Healing in Nature” (2-year project)

A long-term programme using nature-based wellbeing, outdoor sessions and gentle therapeutic activities to support:

- Mental health and emotional regulation
- Stress reduction and trauma recovery
- Reconnection and social inclusion

Mind – “Roots & Resilience” (1-year project)

A recovery-focused programme delivering weekly walks and workshops, actively bringing wellbeing support out into the community and reaching people experiencing:

- Financial hardship
- Mental health challenges
- Social exclusion

Both projects are designed to meet people where they are, reduce barriers to access and ensure support reaches those who may otherwise go without.

4. The Moksha Community Hub – Vision & Location

We are working towards opening the Moksha Community Hub in April / May 2026, subject to funding and premises readiness. The proposed premises is the Run Forest shop space above Greggs on Matlock High Street.

It is important to emphasise: this is not “our” space, it is a shared community space.

The Hub will act as:

- A central base for our funded projects
- A home for community-led wellbeing activity
- A welcoming, calm and inclusive space in the town centre

Activities & Services Offered

The Hub will host a wide range of low-cost, subsidised or donation-based activities, including:

- Affordable 1:1 wellbeing sessions (massage, Reiki, myofascial work, touch therapy)
- Supportive sessions for people affected by trauma, abuse, addiction, anxiety and stress
- Mother & baby massage and early-years wellbeing support
- Meditation, guided relaxation and gentle movement (including yoga)
- Weekly walks and workshops linked to funded programmes
- Monthly community gatherings, circles and peer-led groups
- Book clubs, talks, workshops and educational sessions

- A small café space including a cacao bar, alternative coffees, herbal teas, smoothies and juices
- A small community shop supporting local makers and ethical wellbeing products

All surplus income is reinvested directly back into the community, ensuring the space remains accessible and affordable.

The Hub is designed to complement, not replace, existing services offering a preventative, relational and community-centred approach.

5. Accessibility & Inclusion

Accessibility is a core value of Moksha Holistic Therapies CIC. While the proposed premises is on an upper floor, we are actively seeking funding to install a stair lift to ensure that no one is excluded due to mobility or access needs.

We are fully committed to making this space genuinely accessible, inclusive and welcoming for everyone.

6. Focus on Vulnerable and Socially Isolated Residents

A central aim of the Moksha Community Hub is to reach people who are often underserved or overlooked, including:

- Individuals experiencing loneliness or isolation
- People struggling with mental health challenges, grief or major life changes
- Those on low incomes unable to access private wellbeing services
- People who feel excluded from traditional social or community settings
- Residents from surrounding villages who rely on Matlock as a hub for connection

Rural and semi-rural communities around Matlock can exacerbate isolation due to transport limitations and dispersed populations. The Hub aims to offer a low-threshold, welcoming entry point into community life and support.

7. What We Are Seeking from Matlock Town Council

We are keen to work in partnership with Matlock Town Council and respectfully seek consideration of:

- Council backing and endorsement of Moksha Holistic Therapies CIC as a valued community asset
- Support in engaging residents, community groups and local businesses
- Consideration of sponsorship or in-kind support to help establish the Hub
- Consideration of access to council-owned spaces to support engagement and fundraising
- Support towards accessibility improvements, including a stair lift

Even modest support would significantly help unlock wider participation and sustainability.

8. Imperial Rooms – Moksha Holistic Therapies CIC Showcase Day (Proposed April 2026)

As part of our community engagement and fundraising, we would like to host a one-day Moksha Community Showcase at the Imperial Rooms.

Proposed Dates (flexible):

APPENDICES FULL COUNCIL 16.03.2026

- Saturday 4th, 11th or 18th April
- Sunday 5th or 19th April

We would be grateful for consideration of free or significantly reduced hire, and welcome discussion around council sponsorship or in-kind support, as this is a non-profit, community-focused event supporting local wellbeing.

What the Day Will Look Like

- Daytime, informal and welcoming
- Entry: £5 / free / donation-based to ensure accessibility
- Drop-in format to encourage broad community attendance

Stalls & Community Presence

- Moksha Holistic Therapies CIC and funded projects
- Space for local businesses to display flyers and services
- Therapists and organisations interested in using the Hub
- Local and ethical wellbeing products

Talks, Workshops & Demonstrations

Hosted collaboratively by:

- Azim Nobeebaccus, Founder – Moksha Community CIC
- Samantha Melvin, Director – Moksha Community CIC
- Jan Muse, Founder of Magical Muse – Medicine Weaver (respected local practitioner and long-standing collaborator)

The main talk will cover:

- What Moksha is
- Why the Hub is needed in Matlock
- What we hope to achieve
- How residents, businesses and organisations can get involved

Alongside this will be short, accessible demonstrations such as:

- How meditation supports stress and anxiety
- How physical therapies support the nervous system
- Simple grounding and breathing practices

Community Voice

Listening is central to the day, with space for:

- Resident questions and feedback
- Ideas for what the community wants from the Hub
- Conversations with facilitators

- Opportunities for volunteers and partners to step forward

9. Community Impact, Sustainability & Accountability

Support from the council would enable:

- Regular, inclusive wellbeing and social sessions
- Free or subsidised places for vulnerable individuals
- Consistent delivery of community activity
- Volunteer coordination and community involvement
- Establishment of a reliable, visible community space

Any funding would be:

- Used transparently and responsibly
- Directed toward delivery, not overheads
- Reported on with clear outcomes and impact

The Hub is being developed with sustainability in mind through:

- Volunteer involvement
- Local partnerships
- Earned income where appropriate
- Seed funding to establish activity, not long-term dependency

10. Final Notes

The Moksha Community Hub represents the next step in a trusted, locally rooted wellbeing practice, transforming it into a shared community resource focused on inclusion, connection and prevention. Council backing or sponsorship would send a powerful message that Matlock values accessibility, grassroots care and community-led wellbeing.

We would be very happy to provide:

- Safeguarding policies
- Insurance documentation
- Funding confirmations
- A full event plan
- Testimonials and reviews

Thank you for your time and consideration. We would welcome the opportunity to discuss this further.

APPENDICES FULL COUNCIL 16.03.2026



Emily J Electric

8 reviews • 0 photos

★★★★★ 7 weeks ago

Highly recommend! Beautiful people and community vibes 😊❤️

← Reply



Richard Wood

Local Guide • 53 reviews • 23 photos



★★★★★ 10 weeks ago

A truly amazing space 🙌 We went for the cacao & sound bath meditation session, and came away feeling revitalised 😊 They have many different sessions available, all of which are truly healing 🙏 Absolutely amazing 🥰



Sophie Wood

Local Guide • 19 reviews • 5 photos



★★★★★ 10 weeks ago

My first time with Moksha Holistic tonight. We joined them for their leaves of letting go, cacao ceremony and sound ❤️ and it was absolutely wonderful. We met amazing people and had such a calm and grounding experience. Will definitely be joining them again. Thank you Azim and Sam ❤️



Nicholas Garside

6 reviews • 8 photos



★★★★★ 24 weeks ago

I went to the Ancient Whispers Retreat hosted by Azim and Sam. Have to say the experience was nothing short of life changing. The hosts are able to bring ancient wisdom to the complexities of modern life in order to deliver lasting spiritual impacts that are appropriate to one's needs. At the same time they create a community that embodies authenticity, which is rare to find. What they offer is very special and I am so grateful for it.

APPENDICES FULL COUNCIL 16.03.2026



Jasmine

Local Guide • 12 reviews • 16 photos



★★★★★ 28 weeks ago

Me and my partner went for the summer solstice activation. We had a beautiful time and met some lovely people, with a hot cup of cacao 🍷 Thank you to Azim and Sam for hosting ❤️



jill chen

2 reviews • 0 photos



★★★★★ 31 weeks ago

Moksha Holistic Therapies has truly changed my life. Azim's incredible knowledge of herbs and natural healing is unmatched—his remedies have helped me regain my strength and vitality. Paired with Sam's beautiful, angelic Reiki, the experience has been nothing short of transformative. Her calming energy and intuitive healing have brought me peace, clarity, and



Helen Crapper

2 reviews



★★★★★ 3 months ago

I started going to the monthly Women's Circles held by Sam earlier this year and they have become one of the highlights of my month!

Sam has the most wonderful, caring and compassionate presence that enables her to hold a genuine, warming and safe space for others. She is a fabulous, intuitive listener who guides us authentically from experience, sharing the wisdom that has come from her own wounds whilst offering her support and empathy to gently encourage us to heal our own, without pressure or judgement.

All of the women who attend are so warm and welcoming. I've made some beautiful and inspiring friends, who I can laugh with until our sides hurt and share hugs with when we need them.

Thank you Sam for holding these events and bringing us together, they really are nourishment for the soul!



Katrina Dargan

5 reviews



★★★★★ 3 months ago

I didn't expect to feel the way I did!!

From the moment I arrived, I felt safe, warm, calm like I was meeting an old friend.

Azim & Sam, met me with such kindness, instantly putting me at ease.

It wasn't just about the holistic approach it was the conversation, the therapy talk! It all came together beautifully. No rush, no pressure whatsoever, this space is where you can allow yourself to relax and listen to your body to let go and just breathe !

It's not dramatic.....it's comforting.

If you're looking for something that goes beyond relaxation and touches the heart of who you are then this is the place ❤️🤗

I'll definitely be booking another appointment, thank you so much both of you ❤️ K

APPENDICES FULL COUNCIL 16.03.2026



Pam B

2 reviews



★★★★★ Edited 11 months ago

On line meditation on 29/1

Was unable to attend in person so joined on line with Azim and group.

It was very good/ I'm usually use doing meditations with music but Azim guided us to really go within - and repeating affirmations.

I found the session very peaceful and enjoyable connecting with myself - internally.

Azim held the space for all of us beautifully and I really would encourage anyone to either attend in person or on line.

Thank you 🙏 Azim and group ❤️

Looking forward to the next one. Xx



10

COUNCILLOR BURFOOT SID MOTION

Motion to be proposed.

'That Matlock Town Council recognises that Speed Indicator Devices (SIDs) in selective areas encourage slower driving triggered by the SID when drivers are driving at a speed in excess of the speed limit . Matlock TC therefore agrees to progressing the installation of a SID in Starkholmes at a cost to the Council of approximately £3000 to £4000.

Background information.

Speed Indicator Devices are portable radar activated signs that show drivers their current speed. They are proven to encourage slower driving when speed limits are exceeded. They often use smiley/sad faces ,Slow down or Thank you messages. Drivers get immediate feedback prompting them to adjust their speed. They can be moved to different problem spots but that is not obligatory. By moving them between approved locations 'sign blindness ' is prevented.

Negotiations would be necessary with DCC as the Highway Authority . DCC Highways officers are happy to aid the process when a Town or Parish council wishes to pursue the implementation of a SID. A license is needed and national standards have to be complied with.

Members will know that after along and lengthy negotiations with DCC officers, some short term and long term highway safety measures have now been agreed in Starkholmes where speeding traffic is an issue. The road from Willersley Lane to Matlock Green is a known 'rat run'. A SID in Starkholmes would add to these safety measures already agreed by DCC.

11

STRIPE REQUEST REPORT

NOT CONFIDENTIAL – For Public Release

Meeting: Full Council 16/03/2026

Author: India Hosmer RFO

Online Booking System Update

PURPOSE OF REPORT

To ask the council if they want to use the company stripe to allow us to take online payments, it will cost us 1.5% + 20p per transaction which adds up to roughly £800 this year against the £50,000 we took in.

RECOMMENDATION

My recommendation is that we start to use the online payment system, stripe specifically as it has integration with scribe, because I believe it will bring in more revenue and we have quite a lot of room users who routinely request the ability to pay online.

BACKGROUND

The corporate committee agreed last year to allow us to purchase new software for an online booking system, to receive the most benefits from this we need to be able to use stripe to take online payments.

OTHER CONSIDERATIONS

In preparing this report the relevance of the following factors has also been taken into consideration: Prevention of Crime and Disorder; equalities; environmental; climate change; health; human rights and personnel and property.

Dated: 04/03/2026

12

STANDING ORDERS 2026

See additional appendix

13

FINANCIAL REGULATIONS 2026

See additional appendix